

Term 1 Week 9

28th March, 2024

# Merriwa Education Support Centre Newsletter

## Principal's Message

**Dear Parents & Families,**

**Monday 15th April** – Staff Professional Learning Day – no school for students. Therefore, the first day back for the students, following their term break, will be **Tuesday 16th April**.

**Wednesday 17th April** - we will have early close for student progress meetings. The teachers will make an appointment to call you for a 15 minute meeting to discuss your child's progress this term. All students from the ESC and PS will attend for a half day and will need to be collected at 11.30am. Please note the school bus will not be collecting students for the home drop off on Wednesday 17th April.

### **HARMONY DAY**

Harmony Day is about celebrating the cultural diversity within our community. Harmony comes from sharing in empathy, helping different cultures to feel more connected. It was wonderful to see so many of our children and staff wearing the colour orange to acknowledge this day.

### **CLASS DOJO**

It is great to see so many of our families signed up to Class Dojo. It is our way of giving you the 'classroom experience.' Please let your child's class teacher know if you are having any issues accessing the Whole School Dojo and the Class' Dojo.

We enjoy sharing photos, events and messages with you.

Please be safe over the Easter holiday and enjoy some well-earned family time. I trust you will all be back safe and sound to begin **Term 2 on Tuesday 16 April**.

Kind Regards,  
Karen Macri, Principal

## Whats On

Breakfast Club Each day from 8am in the undercover area

Monday 15th April

Staff

Professional Learning Day

No school for students



School Online Canteen ordering system.

Visit:

[www.quickcliq.com.au](http://www.quickcliq.com.au)

to sign up and register

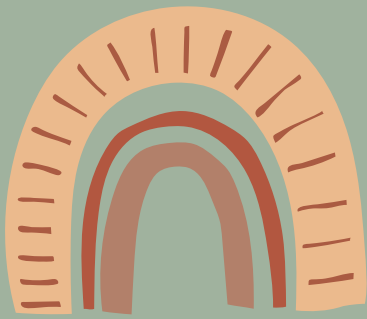
Available Mondays

Tuesdays and Fridays

School returns

Term 2

Tuesday 16th April



# Community News



## Staying Healthy – Play

Curiosity and exploration are fundamental to learning, growth and development for all children, regardless of their abilities. For children with intellectual disabilities, specific safety considerations and strategies are required, e.g., visual supports, giving clear messages, being consistent, teaching consequences and redirecting.

Help children play outside by:


- Spot suitable opportunities
- Recognise your child's abilities and limitations
- Access your local environment
- Adapt and modify the environment
- Change the method of play
- Provide special equipment if required.

Give your child the opportunity to:


- Enjoy sensory play, e.g. water (supervised), sand, and garden with autumn leaves, bark and flowers, beach, differences in the weather – wind, rain and sun.
- Experience movement: swinging, fast movement, sliding, travelling through a tunnel, through water, horse riding.
- Practice co-ordination skills: Simple ball skills-hitting, catching and other gross motor skills.

When enjoying outdoor play with your child you need to provide a safe environment as children with intellectual disabilities are more vulnerable to injury. Play explore and stay safe

From our School Nurse Sally



**School Holiday Program**  
Term 1  
March - April 2024



**Terms and conditions**

1. This program runs from daily 9 am - 5 pm. Rates, exclusive of transport are charged as per the NDIS Price Guideline.
2. All participants should be dropped off at the PHASE premises.
3. Families can nominate their preferred Carer(s). Carers will, however, be required to be on the employ of PHASE and meet their strict employment selection and recruitment process.
4. Cancellation requests **MUST** be logged in with the program coordinator 24-hrs prior. A minimum of 4 hours shall apply for cases lodged in less than 24hrs prior program commencement date. Unless compelling reasons exist for cancellation on the day of program commencement, PHASE may refuse refund requests and full fees shall apply. All cancellations shall be notified by email and text message and treated as **URGENT**.
5. Individuals can vary their attendance in the case of sickness and cancellation. Strict conditions apply.
6. Attendance of the School Holiday Program gives PHASE express consent (unless otherwise stated) to use images and video footage accrued from such program for advertising, publications and business promotional purposes such as pamphlets, brochures and flyers unless otherwise stated.
7. Parents **MUST** ensure their children carry a valid **Companion Card AT ALL TIMES** to avoid extra entry fees and charges for the accompanying carers. Please contact PHASE in the event that your child does not possess a Companion Card to discuss the matter.
8. All participants **MUST** wear hats and sunscreen, sunscreen will be reapplied every 2 hours. (PHASE does supply sunscreen, but if your child has sensitive skin please supply sunscreen and inform PHASE'S support worker).
9. All participants must bring a packed lunch, snacks and water.



**RAISING SOME 'DOUGH' TO SUPPORT THE**



**MERRIWA PRIMARY SCHOOL**

**\$1** from each pizza\* sold will be donated directly to Merriwa Primary School to go towards the purchase of new undercover fans.

**WHAT**  
\$1 from each pizza\* sold will be donated directly to Merriwa Primary School.

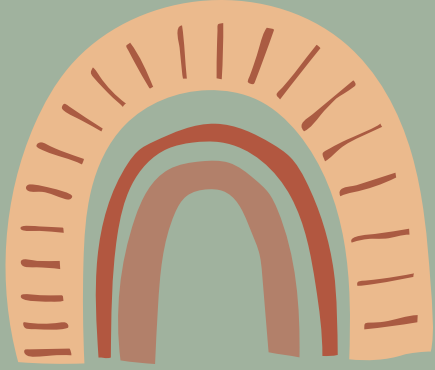
**WHEN**  
Thursday 18th April 2024,  
10am - Close

**WHERE**  
Domino's Mindarie and Jindalee

\*EXCLUDES MINI PIZZAS.



SCAN TO DOWNLOAD THE DOMINO'S APP **131 888 DOMINOS.COM.AU**



# Community News



## The WA Student Assistance Payment


Please find below information regarding the WA Student Assistant Program. This payment is not an automatic payment, you do need to apply.

Payments can be claimed from Monday 15th April 2024 and must be in by Friday 28th June, 2024.

Please note schools do not facilitate the payment, there is a number to call or an email for any further information. Download the ServiceWA App, this is the quickest way to claim.

Phone Number: 1800 882 345

Email: [WASAP.schools@education.wa.edu.au](mailto:WASAP.schools@education.wa.edu.au)



### The WA Student Assistance Payment

Helping you get the things you need for your kids.

**\$150**  
For each Kindergarten and primary school student

**\$250**  
For each secondary school student

To help ease cost-of-living pressures on families with school-aged children, the State Government is offering the WA Student Assistance Payment.

This payment is to help you get the things you need for your kids. From new school shoes, backpacks and sports equipment to uniforms, healthy meals, school excursions and more.

**Get ready to claim**

Download the ServiceWA app to your mobile device. Available from the Apple App Store or Google Play Store.


Locate the student's 8-digit WA student number (WASN). You'll find it on:



- school reports
- previous NAPLAN results
- secondary student's SmartRider

If you have trouble locating the number, contact your school for assistance.

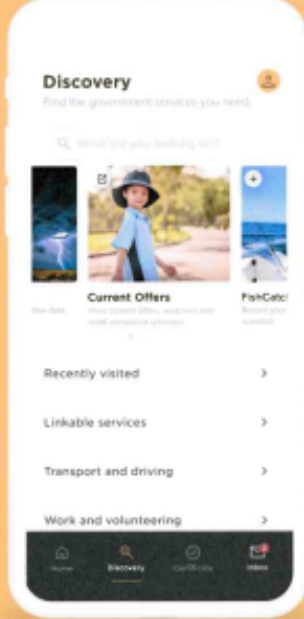
Claims open Monday 15 April

For more information about the WA Student Assistance Payment and how to claim, go to [education.wa.edu.au/wasap](http://education.wa.edu.au/wasap)

Claim on the ServiceWA app 



### WA Student Assistance Payment



The ServiceWA app is the fastest and most convenient way to claim the payment.

Get ready to apply from 15 April 2024.

Download the latest version of the ServiceWA app and log in with your Digital Identity (myGovID) so you're ready to apply for the offer.

For app support, scan the QR Code or visit [WA.gov.au/servicewaapp](http://WA.gov.au/servicewaapp)

For more information on the payment, including eligibility criteria, visit [education.wa.edu.au/wasap](http://education.wa.edu.au/wasap)



Starkick is an All Abilities football team for children. Founded and launched by the Coolbinia Bombers JFC in 2015, the program promotes inclusion, equality and opportunity and runs as an integral part of the Clubs Auskick Centre.

Joondalup Kinross Junior Football Club first introduced a Starkick team in 2016.

Starkick caters to children who, by circumstance or choice, cannot join the club's existing Football programs. Children who may need extra support or time to achieve their goals are supported by a team of volunteers.

Starkick runs as part of the Auskick program on Saturday mornings at Windermere Oval, Joondalup.

Starkick aims to cater for all disabilities and runs by a simple mantra – "If you want to play, we will find a way."

### **Starkick Sessions:**

- Saturday morning during Auskick
- 10.30am to 12.00pm

**Please visit the Starkick website for more information.**



How do you pack a lunchbox with goodness ?

Each day at school try to pack:

- Lunch (main)
- A healthy snack (mini)
- Extra fruit or vegies (munch)
- Water

Try to pack your child's lunchbox with healthy food from the five food groups. This includes wholegrains, protein (such as lean meat, egg, fish or hummus), reduced-fat dairy, vegetables and fruits. Don't forget to pack water. There is no one size fits all model. We encourage you to do your best for your child and remember to celebrate the small wins.

#### **Main**

Aim to pack a lunch with some grains, protein and vegies. This can include a sandwich, wrap, sushi, pasta, curry, falafel or any dinner leftovers. Where needed, add an ice pack to keep food safe.

#### **Mini**

Reach for a healthy snack such as cheese and grainy crackers, hard boiled eggs, homemade muffins, plain yoghurt, popcorn, tinned tuna, baked beans or fruit. It doesn't have to be fancy or expensive.

#### **Munch**

If you think your child needs more food, pack some extra fruits and vegetables for them to enjoy. Pick seasonal to save money and encourage variety.

#### **Water**

Remember to pack water for your child.

If it's all healthy food, it doesn't matter what order the food is eaten in! Anything they reach for will provide them with long-lasting energy to get the best out of their school day.