


Merriwa Education Support Centre

Newsletter



BACK to SCHOOL

Principal's Message

Dear Parents and Families,

We trust everyone had an enjoyable two weeks of school holidays.

Our staff PL day was held on Monday 15th July with students first day back on Tuesday. It has been difficult for many of us to get up and moving on these wintery mornings and the students have needed some time to adjust to being back this week.

We have welcomed our new students and their families to our school community and trust that they will settle into their new classroom and routines in the coming weeks.

During the break two new classrooms were installed onto the school grounds. We should have access by the middle of this term if all goes well with the construction process.

This term we have some fantastic learning opportunities for the students including our assembly next week, Community Access excursions for various classes, NAIDOC activities with the primary school, athletics carnivals and a basketball clinic. We are looking forward to a productive and positive term.

See attached Term 3 Planner and visit our WEBISTE for events and dates. Updates will be made regularly on the website. Also keep an eye on Dojo for class specific events.

**Regards,
Karen Macri, Principal**

New Website
merriwaesc.wa.edu.au

What's On ?

*Breakfast Club
everyday day from 8am
in the undercover area*

ESC ASSEMBLY
Friday 26 July

**Senior Athletics
Carnival Year 3 to 6**
Beldon ESC
27th August

**Junior Athletics
Carnival Kindy to
Year 2**
Creaney ESC
29th August

NAIDOC DAY
Friday 2nd August



School Online Canteen
ordering system.

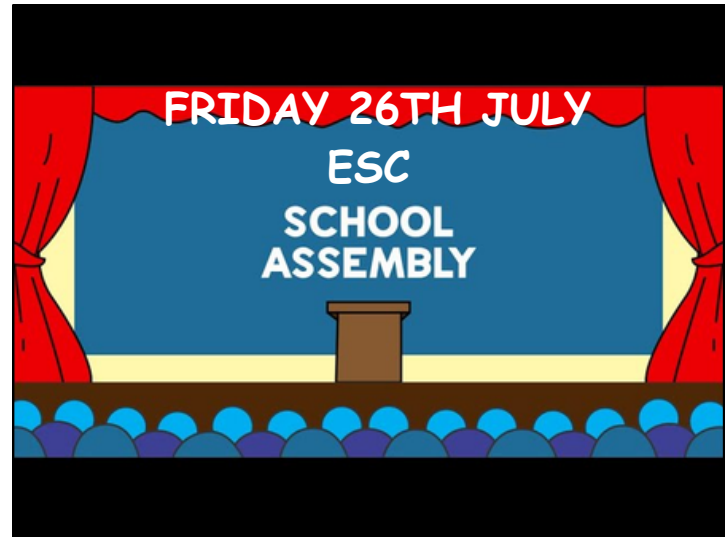
Visit:

www.quickcliq.com.au
to sign up and register
Available Mondays
Tuesdays and Fridays



Term Three Planner 2024

MTH	WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUL	1	15	16 School Starts for Students	17	18 Newsletter	19
	2	22	23	24	25	26 Assembly
JUL/ AUG	3	29	30	31	1 Newsletter	2 NAIDOC Day
	4	5	6	7	8	9 Assembly
	5	12	13	14	15 Newsletter	16
	6	19	20	21	22	23 Assembly
	7	26	27 Senior Carnival @ Beldon ESC	28	29 Newsletter Junior Carnival @Creaney ESC	30
SEP	8	2	3	4	5 Graduation Photos @ 8:30am	6
	9	9	10	11	12 Newsletter Year 6 Swan Valley Day Camp	13
	10	16 Book Fair	17 Book Fair	18 Book Fair Learning Journey	19 Book Fair	20 Last Day of Term



From our Nurse Sally
Healthy eating - ten tips for parents

1. Give children a variety of different foods.
2. Offer nutritious snacks, like fruit, yoghurt, crackers and cheese.
3. Encourage your child to eat breakfast.
4. Ensure that the family eats together at least once a day.
5. Pack your child's lunch at home. Let your child help.
6. If your child refuses a new food, don't make a fuss. Try again several times.
7. Listen when your child tells you they are full.
8. When your child is thirsty, encourage them to drink water.
9. Allow your children to help with planning and preparing healthy meals.
10. Plan physical activities for your family.



